

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday						
5am	Pool Opens at 8am	Pool Opens at 5:30am					Pool Opens at 7am						
6am		5:30am-6:45am All Lanes Open	5:30am-11am Lap Swimming All Lanes Open	5:30am-7:15am All Lanes Open	5:30am-9am Lap Swimming All Lanes Open	5:30am-7:15am All Lanes Open							
7am		6:45am-7:45am Aquacycling** Lanes 3-6 Open		7:15am-8:15am Aquacycling** Lanes 3-6 Open		7:15am-8:15am Aquacycling** Lanes 3-6 Open							
8am		7:45am-8:30am All Lanes Open		8:30am-9:15am Aquaerobics Lanes 4-6 Open	8:30am-9:15am Aquaerobics Lanes 4-6 Open	8:30am-9:15am Aquaerobics Lanes 4-6 Open							
9am		8am-9am Aquacycling** Lanes 4-6 Open		9am-11am Swim Lessons** Lanes 4-6 Open	9am-11am Swim Lessons	9am-11am Swim Lessons		10am-11am Swim Lessons** Lanes 4-6 Open					
10am		9am-12pm Swim Lessons	11am-4:30pm Open Swim Lap Swimming All Lanes Open	11am-5pm Open Swim Lap Swimming All Lanes Open				11am-5pm Open Swim Lap Swimming All Lanes Open					
11am		Lap Swimming Lanes 4-6			4:30pm-6:30pm Swim Lessons**	5pm-6:30pm Swim Team** Lane 4 open			5pm-6:30pm Swim Team** Lane 4 open				
12pm		Pool Closes at 5:30	5:30pm-6:30pm IEP Fitness** Lanes 4-6 Open	5pm-6:30pm Swim Team** Lane 4 open				5pm-6:30pm Swim Team** Lane 4 open		5pm-8pm Possible Events			
1pm					6:30pm-9:30pm Open Swim Lap Swimming All Lanes Open	6:45pm-7:30pm Aquaerobics Lanes 4-6 Open			6:15pm-7:15pm Aquacycling** Lanes 3-6 Open		6:45pm-7:30pm Aquaerobics Lanes 4-6 Open		
2pm												7:30pm-9:30pm Open Swim Lap Swimming All Lanes Open	7:15pm-9:30pm Open Swim Lap Swimming All Lanes Open
3pm	Pool Closes at 8pm												
4pm													
5pm													
6pm													
7pm													
8pm													
9pm	Pool Closes at 9:30pm												

\*Schedule subject to change. Please call ahead (508)823-5440

\*\* Pre-registration required. Please contact club for more information.